

Guided city tour



This tour consists of a commented walk along the High Street. Apart from a wide range of shops and services you will find some remarkable buildings and ruins with historical and artistic interest.

Limited places!!

Please book it before 5:30 pm at the registration desk.

Those attending will meet in front of the CCCT Building (building of the Plenary Sessions) at 7:00 pm.

Alternatively,

You cook it,

you eat it now

Limited places!!


Minimum 10 people.

Please, book it before 3:00 pm at the registration desk.

Those attending will meet in front of the CCCT Building (building of the Plenary Sessions) at 7:00 pm

Price: 20 € (includes dinner)

YOU COOK IT, YOU EAT IT NOW



COOKING WORKSHOP

Learn how to prepare a dinner consisting of traditional Catalan dishes:

- **Ajoblanc** of pear (cold soup made of almonds)
- **Coca de recapte** (Catalan-style pizza)
- **Esqueixada de bacallà** (shredded cod)
- **Meatballs with samfaina**
- **Peach textures**

Come and join us!

We will cook all together and you will have the chance to taste all these specialities. A cup of wine or cava will be offered to all participants.



Clínicade nutrició
dra. Antonieta Barahona